



SOCIAL MEDIA MENTAL HEALTH FOR STUDENTS



Presented by:
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Cost: Free

Who Should Take it

- *All students that have access to the internet*

This course can be offered in person at your campus or virtual

Training includes:

- Learn to identify potential harms that come with unsafe internet usage
- Learn ways to stay safe online
- Learn the positive and negative implications of technology on mental health
- Learn to manage mental health with more understanding about the culture of technology



TO REGISTER CONTACT
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