



Spindletop Center

Introducing

**SHAN
GUILLORY,**
MA, LPC-S

ESC Mental Health
Resource Coordinator

A collaborative effort
between Region 5 ESC,
Spindletop Center and
Burke Center in fulfillment
of requirements outlined
in H.B. 19

CONTACT

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WHAT CAN I DO?

- Help find mental health resources for students and their families.
- Educate ISD employees on trauma, mental health and grief.
Participate on ISD committees in developing safe and supportive schools.
- Support substance use prevention activities for students.

OBJECTIVES

- Increase awareness and understanding of mental health and co-occurring mental health and substance use disorders.
- Assist personnel in the implementation of initiatives related to mental health or substance use.
- Provide awareness of:
 - Best practice-based and research-based mental health programs and practices.
 - Other public and private mental health and substance use programs.
- Facilitate Mental Health First Aid trainings.
- Facilitate trainings regarding the impact of grief and trauma.
- Facilitate substance misuse trainings.