SOCIAL MEDIA & MENTAL HEALTH

Presented by:
Shan Guillory, LPC

Cost: Free
Earn CEU Credits

Who Should Take it
- *Teachers*
- *Parents*
- *School staff*
- *Coaches*
- *People who work with youth*

This course can be offered in person at your campus or virtual

Training includes:

- Learn to identify websites, devices and apps that students are using
- Learn to identify potential harms that come with unsafe internet usage
- Learn the positive and negative implications of technology on mental health
- Learn to parent/teach with more understanding about the culture of technology for your families/students.

SPINDLETOP CENTER

REGION 5 Education Service Center

TO REGISTER CONTACT
SHAN GUILLORY: SHAN.GUILLORY@STCTR.ORG
409-926-4416