



# News Release

**For Immediate Release**

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## Spindletop Center Announces New Medical Team Leadership In Chief Medical Officer and Child/Adolescent Psychiatry Roles

BEAUMONT, Texas – Spindletop Center is pleased to announce Dr. Olumuyiwa Abdul has been named our new Chief Medical Officer and Dr. Nakita Moore has been selected as the Child/Adolescent Psychiatry Team Lead.

These appointments for the Center come as Dr. Roddy Strobel, Spindletop Center’s Medical Director since 2022, announces her retirement. Her last day was April 30. “While Spindletop Center is sad to announce the retirement of Medical Director, Dr. Roddy Strobel, we recognize and support this exciting milestone in her career,” said Holly Borel, Spindletop Center’s CEO. “The Center has benefitted from her extensive clinical experience and knowledge over the past few years and we wish her joy in her retirement.”

Dr. Abdul joins the Spindletop Center team with more than two decades of experience as a psychiatrist, holding a Board Certification in Psychiatry from the American Board of Psychiatry and Neurology (ABPN). Since 2012, he has served as a Staff Psychiatrist with Health and Human Service Commission (HHSC), Texas. Dr. Abdul has spent time studying and teaching abroad and internationally in Ireland, Nigeria, Europe, as well as within the states in Texas and at the prestigious Cleveland Clinic. In his spare time, he enjoys playing tennis, soccer and chess.

Dr. Moore joined the Center in 2020 as a child psychiatrist and has been providing quality, compassionate care to our clients over the past four years. Her excellent service and leadership qualities led to the recent promotion as the Child/Adolescent Psychiatry Team Lead. Dr. Moore is Board Certified in General Psychiatry and in Child and Adolescent Psychiatry. Most of her work has been dedicated in the great state of Texas, and she enjoys reading, fashion, exercising and spending time with family, friends and her dogs.

“We are thrilled to welcome both of these physicians into their new roles,” says Borel. “Spindletop Center values commitment to our communities and the clients we serve and know that a strong investment into qualified medical professionals is a vital component to the resources and supports we provide.”

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Spindletop Center is a non-profit healthcare organization specializing in behavioral healthcare, programs for people with intellectual and developmental disabilities and substance use services for each stage of life. Our Center serves more than 16,000 people annually throughout Jefferson, Hardin, Orange, Jasper and Chambers counties and has campuses in Beaumont, Port Arthur, Orange and Silsbee. We promote healthy living in our community through innovative and best-practice options that meet the unique needs of every family.

*The mission of the Spindletop Center is to help people help themselves by providing resources and support.*

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