



# Youth Handbook



# Welcome



# My Journey Through Spindletop Center

My teacher calls my Parents because

- I have trouble paying attention and not listening when spoken to
- I have a hard time sitting still and talking too much
- I have trouble finishing my work and blurt things out or interrupt

OR

- I am feeling sad and having no energy
- I am not interested in favorite activities and loss of appetite
- I am not sleeping or sleeping too much
- I am thinking about death or suicide

and asks my parents to take me to Spindletop Center



My parents call Spindletop Center to make an appointment.



Hello, Spindletop Center  
... Can I help you?



Yes, I want to make an  
appointment for my child.



# I meet with a counselor or caseworker to talk about what's going on

Let's talk about why you are here today.

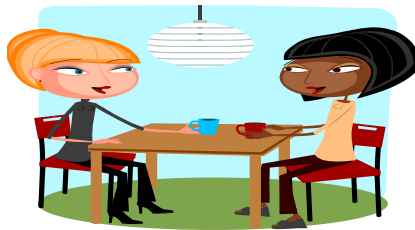
My daughter is always arguing with her sister and does not do what we tell her.



My dad says that I fight with my sister for no reason and I am not passing some of my classes.

The counselor or caseworker asks my parents and me if we want to talk to someone every week to help me ...

This is what you and I are going to work on for the next three months.



Ok, are you going to be coming to my school every week?

Sometimes I will be going to your house and sometimes you and your parents will come to my office.

They even ask if I want to see a doctor...

Tell me what brings you here, today?



Doctor my son is not able to concentrate in school.

After working together as a team with my parents, my caseworker, and the doctor, I can receive the support I need to help me do better in school and at home! Yay!



## Rights & Responsibilities

We all have rights and responsibilities including you.

They are as follows:

RIGHTS	RESPONSIBILITIES
You have the right to be respected, supported and protected from harm...	... and the responsibility to respect, support and care for others.
You have the right to confidentiality, reasonable privacy, and possession of your personal belongings...	... and the responsibility to respect others confidentiality, private space and belonging.
You have the right to be heard and taken seriously...	...and the responsibility to listen to others.
You have the right to good health care...	...and the responsibility to take good care of yourself.
You have the right to a good education...	...and the responsibility to study and respect your teachers.
You have the right to be included, whatever your abilities...	...and the responsibility to respect others for their differences.
You have the right to practice and be proud of your heritage and beliefs...	...and the responsibility to respect the cultures and beliefs of others.
You have the right to a safe, humane, bully free environment...	...and the responsibility to respect the safety and comfort of others.
You have the right to make mistakes...	...and the responsibility to try to learn from these mistakes.
You have the right to a clean environment...	...and the responsibility not to pollute.
You have the right to your opinion and to file a complaint...	...and the responsibility to bring concerns to your parents, teachers or Spindletop staff.
You have the right to know your rights & responsibilities...	...and the responsibility to respect others rights & responsibilities.



At any time, if you believe Spindletop Center has violated your privacy rights, you have the right to file a complaint;

1. Your complaint must be filed in writing.
2. Your complaint must be filed within 180 days of the incident.
3. You must report what happened and who was involved.

You may initiate a complaint and be informed of whom to call for help without any form of retaliation or barriers to service by contacting:

Spindletop Center  
Privacy Officer (Bryan Gauthier)  
2750 South 8<sup>th</sup> Street  
Beaumont, TX 77701  
Office 409-839-1014

Spindletop Center  
Client Rights Officer (Patricia Allen)  
655 South 8<sup>th</sup> Street  
Beaumont, TX 77701  
Office: (409)-784-5550

Health and Human Services Commission (HHSC)  
Office of the Ombudsman-Behavioral Health  
Mail Code H-700  
P.O. Box 13247  
Austin, Texas 78711-3247  
1-800-252-8154  
Fax: 1-512-706-7337

Office of Civil Rights  
Department of Health and Human Services  
1301 Young Street – Suite 1169  
Dallas Texas 75202  
(214) 767-4056 or (214) 797-8940 (TTD)  
(214) 767-0432 Fax

Disability Rights Texas  
2222 West Braker Lane  
Austin, TX 78758  
1-512-454-4816  
1-866-362-2851 (Statewide Videophone)  
1-800-252-9108 (Intake Line)



# Client Rights Word Search

Respect  
Dignity  
Privacy

Fair  
Value  
Teach

Rights  
Okay  
Human

Equal  
Worth  
Learn

A	B	C	D	E	F	G	H	I
L	D	I	G	N	I	T	Y	M
O	P	Q	R	S	T	E	U	V
X	Y	Z	A	B	C	A	D	E
G	R	E	S	P	E	C	T	H
J	I	K	L	R	M	H	N	O
Q	G	R	S	I	T	U	V	W
Y	H	Z	A	V	B	C	D	E
G	T	H	F	A	I	R	I	J
L	S	M	N	C	O	P	Q	R
T	U	V	W	Y	X	Y	Z	A
C	D	E	F	G	H	I	J	K
N	L	E	A	R	N	O	P	Q
T	U	V	W	X	Y	G		
W	O	R	T	H	Z	U		
A	K	B	C	D	E	P		
V	A	L	U	E	F	S		
G	Y	H	I	J	K	A		



# Rules to Follow

(Match the rule with the picture)

No Tobacco Use



No firearms



Safety First



Seclusion/Restraints



No Violence



No Alcohol



No Drugs

