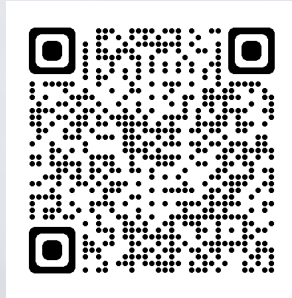


Introducing

SHAN MOORE, LPC

ESC Mental
Health Resource
Coordinator



A collaborative effort
between Region 5 ESC,
Spindletop Center and Burke Center
in fulfillment of
requirements outlined in H.B. 19

CONTACT

Shan Moore, LPC
(409) 926-4416
shan.moore@stctr.org

WHAT CAN I DO?

- Help find mental health resources for students and their families
- Educate ISD employees on Trauma, Mental Health, and Grief
- Participate on ISD committees in developing safe and supportive schools
- Support substance use prevention activities for students

OBJECTIVES

- Increase awareness and understanding of mental health and co-occurring mental health and substance use disorders
- Assist personnel in the implementation of initiatives related to mental health or substance use
- Provide awareness of:
 - Best practice-based and research-based mental health programs and practices
 - Other public and private mental health and substance use programs
- Facilitate Mental Health First Aid trainings
- Facilitate trainings regarding the impact of grief and trauma
- Facilitate substance misuse trainings