



News Release

For Immediate Release

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Southeast Texas Women of Influence to Hold Galentine's Day Event on February 9

**9:45 a.m. to 11 a.m., Friday, February 9
Wesley Methodist Church
3810 N Major Dr., Beaumont, Texas 77713**

BEAUMONT, TX – Southeast Texas Women of Influence will host a Galentine's Day Soirée on Friday, February 9 from 9:45 a.m. to 11 a.m. in the Wesley Methodist Church parlor, at 3810 N Major Dr. in Beaumont, Texas. The event will feature guest speaker Emily Ross, LPC-S, Spindletop Center's new Clinical Intern Coordinator, giving a talk about the pivotal role of self-love in achieving success & maintaining mental well-being.

The mission of SETX Women of Influence is to connect and nurture women from the inside out. Their purpose is to provide value to women and build confidence by connecting and sharing life experiences with one another. For the Galentine's Day Soirée, Mike Smith Auto Group made a generous donation to the SETX Women of Influence to support the event.

"We would like to thank Mike Smith Auto Group for providing a surprise self-care activity for the Soiree," said Ross. "Participants will be invited to create an essential oil sugar scrub to encourage them to implement a key take away from the talk."

Emily Ross is Spindletop Center's new Clinical Intern Coordinator. In her position, Emily coordinates the collaboration between Spindletop Center, Lamar University, and other institutes of learning in creating a program to assist the next generation of mental health providers develop their clinical skills through practicum and intern experiences.

SETX Women of Influence meet on the second Friday of every month. Attendees are encouraged to wear red and to bring a friend. Brunch is being served, free of charge, at this event.

For more information, contact Aaron Nichols, Public Relations and Marketing Administrator, at Aaron.Nichols@stctr.org or 409.839.1046.

Spindletop Center is a non-profit healthcare organization specializing in behavioral healthcare, programs for people with intellectual and developmental disabilities and substance use services for each stage of life. Our Center serves more than 10,000 people annually throughout Jefferson, Hardin, Orange, Jasper and Chambers counties and has campuses in Beaumont, Port Arthur, Orange and Silsbee. We promote healthy living in our community through innovative and best-practice options that meet the unique needs of every family.

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The mission of the Spindletop Center is to help people help themselves by providing resources and supports.

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